#### Western University 2018-19 Political Science 3207G, Section 001

#### Women, Sex, & Politics

Day/Hours/Location of Lecture: Tuesday, 11:30-1:30, SSC 2020

**Prerequisite(s):** POL 2237E. Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites.

**Instructor**: Professor Nandita, Biswas Mellamphy

Office hours: Tuesday 1:30-2:20 PM; or by appointment, SSC 4133

**Contact Information:** by email <a href="mailto:nbiswasm@uwo.ca">nbiswasm@uwo.ca</a>; or by telephone only: 519-661-2111 ext. 81161 (texting will not be used). I encourage you to visit me during my weekly office hours to introduce yourself, ask questions, or seek clarifications about the readings. Otherwise you can also communicate with me through email; please allow up to two days for responses). You can always leave me a voice message on my campus telephone (extension 81161).

**Course Description**: This course explores the intersections between the representation of gender and sexuality in political media, and the politics of freedom, rights and duties in the 20<sup>th</sup> and 21<sup>st</sup> centuries. The course introduces students to the political history of women's struggle over issues like rights, labour, and sexual identity. Students will gain familiarity with diverse debates and perspectives (ie. liberal, radical, marxist, postmodernist, postcolonial, global, critical race, and muslim feminisms). The second aim of the course is to focus on applying political theory to practice by analyzing how representations of gender and sexual identity play a role in everyday political life, as well as in global politics. Topics will include:

- The politics of sexual difference
- Gender inequality and the public/private divide
- Democracy, citizenship and gender representations
- Domination, power and sexual discrimination
- Representations of gender in leadership positions
- Politics of gender in global contexts

The course combines lectures, readings, and class-based discussions. Each week you will be required to attend the lecture and keep up with the required readings. The course will also feature visual/filmic materials.

#### **Learning Outcomes:**

By the end of this course, you should be able:

- To demonstrate knowledge of major western and some non-western feminist political theories, ideologies and approaches
- To understand how the concepts of sex, gender, race and class relate to political theory and political practices both historically and in current affairs
- To demonstrate ability to use the ideas of political theorists to address contemporary social issues such as family, work, prostitution, and pornography.
- To use feminist and other gender-related approaches to evaluate arguments, interpretations, and opinions about power relationships within government, politics and society

**Course Materials and Required Textbooks**: The Bookstore will order the newest available edition but older editions are acceptable.

Judith Lorber, Gender Inequality: Feminist Theory and Politics (Oxford: Oxford University Press).

Sarah L. Henderson and Alana S. Jeydel, *Women and Politics in a Global World* (Oxford: Oxford University Press).

As indicated by the WEEKLY READING SCHEDULE below, other articles may be assigned to accompany your reading of the primary texts. All articles not found in the course textbooks are available on the course website (OWL).

#### **Evaluation:**

**Class Participation** (this is not an attendance mark; you will be evaluated on your in-class discussion and participation!) = 10%

**Critical Reflection** (mini-essay on a pre-assigned question) = 20%; **due January 29, 2019** by electronic upload to the course website no later than 5pm.

**Research Paper** = 35%; **due March 5, 2019** by electronic upload no later than 5pm.

Take Home Final Exam = 35%; due on April 2, 2019 by electronic upload no later than 5pm.

Detailed descriptions of assignments are available in the 'Appendices' at the back of the course outline.

Please consider these deadlines 'sacred'! **Late essay submissions** will be subject to a penalty deduction of 5% a day (from the due date until the day that the assignment is received by the instructor, including weekends and holidays). This may appear to be an unnecessarily harsh penalty, but the rationale is to promote the timely submission of work, which is the cornerstone of any future career that you may have. Also, the assignment deadline dates have been carefully chosen so that ample time is given to evaluating your work and suggesting improvements to work submitted.

**Medical and Non-medical Accommodations:** Please follow the procedures as set out by the University which includes **presenting your official documentation to your Academic Counseling office (not to me)** after which an academic counselor will make a recommendation to me regarding whether or not to grant an extension without penalty. Only in cases in which the student has presented appropriate

<u>documentation to their Academic Counseling Officer</u> will any extensions without penalty be considered. For more information, see

http://counselling.ssc.uwo.ca/procedures/medical\_accommodation.html

Accommodation for Special Needs: If you are a student with special needs, please visit Western's Learning Skills Services to access the resources available to you. LS counselors are ready to help you improve your learning skills. They offer presentations on strategies for improving time management, multiple-choice exam preparation/writing, textbook reading, and more. Individual support is offered throughout the Fall/Winter terms in the drop-in Learning Help Centre, and year-round through individual counseling. SDC's Learning Skills Services, Rm 4100 Western Student Services Building, https://www.uwo.ca/sdc/learning/

If you are seeking academic accommodation, please see me as soon as possible, ideally at the beginning of the course (for pre-established conditions, accommodation will not be considered for those who wait till the end of classes to discuss their issues with me).

**Statement on Use of Electronic Devices:** All students will be required to turn off their mobile devices during lectures and voice or image recording of the lecture is <u>strictly prohibited</u>: you are free to use your lap-tops to take notes, but <u>NO digital recording</u> (either voice or image) of the lectures is allowed.

**Statement on Academic Offences:** Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at <a href="http://www.uwo.ca/univsec/handbook/appeals/scholastic\_discipline\_undergrad.pdf">http://www.uwo.ca/univsec/handbook/appeals/scholastic\_discipline\_undergrad.pdf</a>

**Support Services:** Students who are in emotional/mental distress should refer to Mental Health at Western for a complete list of options about how to obtain help. See Appendix for details.

http://www.uwo.ca/uwocom/mentalhealth/

## Weekly Reading Schedule: Subject to modification

WEEK	DATE	REQUIRED AND RECOMMENDED READINGS	WEEKLY LECTURE AND DISCUSSION THEMES
1	Jan. 8	Introduction to course themes and syllabus	Introduction to Women, Sex, &
		In class: Miss Representation (2011)	Politics
2	Jan. 15	"Feminisms and Their Contributions to Gender Equality" in Lorber, p. 1-20.  *"Puritan or Pit Bull: The Framing of Female Candidates at the National Level", Linda Beail and Rhonda Kinney Longworth.  In class: continuation of Miss Representation (2011)	Feminisms and Representations of Sex and Gender in Politics and Media
3	Jan. 22	"Women and Institutional Politics" in Henderson and Jeydel, p. 1-36 "Women and Noninstitutional Politics" in Henderson and Jeydel, p. 37-64.	Women, Sex, & Politics: Does Institutional Representation Solve the Problem of Gender Inequality?
4	Jan. 29	"Liberal Feminism" in Lorber, p. 21-45. "Women and Employment", in Henderson and Jeydel, p. 99- 135.  Critical Reflection Assignment DUE	Liberal Feminism: Do Women and Men Have to Be the Same to be Equal?
5	Feb. 5	"Radical Feminism," in Lorber, p. 117-141.  "Women and Physical Autonomy," in Henderson and Jeydel, p. 322-335.	Radical Feminism: Is 'Patriarchy' a Universal and Global Phenomenon?
6	Feb. 12	"Marxist Feminism," in Lorber, p. 46-69. "Socialist Feminism" in Lorber, p. 70-85. Nancy Pelosi and Rosa DeLauro, "Time to Move Beyond 'Mad Men' Era for Working Women", <a href="http://www.cnn.com/2013/07/19/opinion/pelosi-delauro-women-economy/">http://www.cnn.com/2013/07/19/opinion/pelosi-delauro-women-economy/</a>	Marxist and Socialist Feminisms: Does Class Equality Solve the Problem of Gender Inequality?
7	Feb. 18	READING WEEK	NO LECTURE
8	Feb. 26	"Social Construction Feminism," and "Postmodern Feminism and Queer Theory," in Lorber, p. 243-281. *Judith Butler, <i>Gender Trouble</i> , ch. 1.	'Queering' Identities: Is Gender 'Performative'?

		Michelle Goldberg, "What is a Woman? The Dispute Between Radical Feminism and Transgenderism," <a href="http://www.newyorker.com/magazine/2014/08/04/woman-2">http://www.newyorker.com/magazine/2014/08/04/woman-2</a>	
9	Mar. 5	"Postcolonial and Asian Feminism," in Lorber, p. 86-115.  "Multiracial/Multiethnic Feminism," in Lorber, p. 197-214.  "Women and the Global Economy," in Henderson and Jeydel, p. 235-265.  In class viewing: Chain of Love; a documentary about care work  Research Paper DUE no later than 5pm by electronic upload!	Postcolonial and Global Feminisms: Does the Concept of 'Intersectionality' Solve the Problem of Gender Inequality?
10	Mar. 12	"Third Wave Feminism," in Lorber, p. 282-314.  Sherin Sadallah, "Gender and Power in Muslim Societies," <a href="http://www.kus.uu.se/gender/sadallah.pdf">http://www.kus.uu.se/gender/sadallah.pdf</a> In class: Amina Wadud on Feminism in Islam: <a href="http://www.youtube.com/watch?v=WGH-01KQB">http://www.youtube.com/watch?v=WGH-01KQB</a> A	Third Wave Feminisms and Muslim Feminisms: Is It Possible to Reconcile Religion and Feminist Politics?
11	Mar. 19	Ronald Weitzer, "The Mythology of Prostitution: Advocacy Research and Public Policy," <a href="http://lastradainternational.org/lsidocs/prostitution%20mythology%202010%20(2).pdf">http://lastradainternational.org/lsidocs/prostitution%20mythology%202010%20(2).pdf</a> Comparative Feminist Perspectives on Prostitution (chart): <a href="http://www.feministissues.com/issues.pdf">http://www.feministissues.com/issues.pdf</a> <a href="http://www.theglobeandmail.com/news/politics/prostitution-laws-hang-in-balance-in-supreme-court-case-friday/article16047869/">http://www.theglobeandmail.com/news/politics/prostitution-laws-hang-in-balance-in-supreme-court-case-friday/article16047869/</a>	Women, Sex, & Politics: Prostitution  Last class and distribution of takehome exam
12	Mar. 26		NO CLASS
13	Apr. 2	Take home exam DUE by electronic upload	NO CLASS

### **APPENDICES: ASSIGNMENTS AND INSTRUCTIONS**

### 1. Participation= 10%

### **Grading Guide**

Grade out of 10	Discussion	Reading
8.7+	Excellent: leads debate; offers analysis and comments; always has ideas on theme of reading; takes care not to dominate; asks questions	Clearly has done and prepared questions on virtually all readings; intelligently uses this understanding and these questions in discussion
8-8.6	Very Good: thoughtful comments and questions for the most part; willing, able and frequent contributor	Has done most readings; provides competent analysis of reading when prompted by others
7-7.9	Good: has basic grasp of key concepts and occasional ideas on the main theme of the reading; arguments are sporadic and at times incomplete or poorly supported; unwilling to ask questions	Displays familiarity with most readings, but tends not to analyze them or to relate them to the course material
6-6.9	Somewhat poor: remarks in class marred by misunderstandings of key concepts; seldom contributes effectively to discussion of the main theme; often digresses in unhelpful ways; sporadic	Actual knowledge of material is outweighed by improvised comments and remarks
5-5.9	<u>Poor</u> : rarely speaks; parrots text or comments of others	Little or no apparent familiarity with assigned material
below 5	Never speaks or participates	No apparent familiarity with assigned material

#### 2. CRITICAL REFLECTIONS = 20%

-DUE JAN. 29

**Mini-essay Question:** Does Institutional Representation Solve the Problem of Gender Inequality?

#### Objectives:

- To stimulate your interest in reading the weekly assigned course materials.
- To help you direct and better orient your weekly reading of course materials.
- To enable you to critically respond to class materials in writing
- To give you oral discussion materials to enhance your in-class participation.

#### Instructions:

This exercise evaluates your familiarity with the course materials and main themes; this means the more you can critically and reflectively draw in class materials, the better you will score. Critical reflections do not simply summarize the text or evaluate whether or not you like the text; they are persuasive and focused analyses, arguments, or interpretations about the text. They not only help you think critically about the texts you read but also help you formulate ideas and develop arguments that you can use in your research essay and take-home exam. *In fact, this critical reflection assignment is designed to help you build your essay writing skills.* 

Format: <u>Based on the readings and using the course materials you have studied up till this point</u>, you will write a mini-essay that offers a critical response to the mini-essay question. Demonstrate your knowledge of the class materials by discussing concepts and arguments covered in the weekly readings up to that point.

All responses should be typed and printed; responses should be formulated in standard essay-style (introduction, body, conclusion, citations and bibliography); 750-1000 words. Preferred citation style: <a href="http://www.chicagomanualofstyle.org/tools">http://www.chicagomanualofstyle.org/tools</a> citationguide.html

#### 2. Instructions for RESEARCH PAPER = 35%

DUF MARCH 12

**Submission Instructions**: Go to the OWL course website and click on the 'Assignments' link in Menubar (left side of screen). Go to the 'Research Paper' link to upload your electronic copy. Please SUBMIT EITHER AS A WORD OR PDF DOCUMENT ONLY (OWL DOES NOT ACCEPT PAGES OR ANY OTHER FORMAT).

**Format**: Typed, 12 point font, double-spaced, 1 inch margins, 6-8 pages, not including title page and bibliography.

#### Objectives:

- To conduct effective library and online research focusing on an individual of public note and their works and ideas
- To analyze and evaluate various feminist approaches covered by the class material to date
- To communicate and present your findings in a coherent scholarly essay format

#### **Instructions:**

- Pick a controversial person (real or fictional) or a group (e.g. an organization) of public note from the world of politics, culture or economics and provide a well-reasoned presentation and justification for whether this figure does (or does not) effectively and critically address the issue of gender (in)equality in their work.
- Refer to the major feminist ideologies covered by the course materials (e.g. liberal, Marxist, socialist, radical, postmodern, postcolonial feminisms etc.).
- Conduct research and offer a discussion of the possible significance of your subject of study for feminist politics and feminist political thinking.

**Sources**: Your bibliography should include

- Min. 3 scholarly books; min. 3 scholarly journal articles; min. 5 scholarly internet sources.
- Don't forget to list all your sources in your bibliography (any citation style is fine as long as you're consistent).

#### **Content Suggestions** (include the following in your essay):

- Explain who your object of study is (how controversial are they and why are they significant in human affairs?); include brief biography and summarize main contributions to addressing the issue of sexual and gender inequality in politics and society (e.g. body of work, including activism, written works, artworks, and events etc).
- Identify and Analyze the most important concepts or ideas and explanation of how they relate to important concepts covered in class

 Assess, referring to the various schools of feminist thinking covered in the course materials, whether the figure you chose has made a significant contribution to feminist thought and activism (discuss and reflect lection on the diversity of feminist political thought)

#### 3. TAKE-HOME EXAM= 35%

DUE APRIL 2

**Objectives**: The final take-home exam has been designed to evaluate your comprehension of the course materials (textual and oral) and your skills in applying the course concepts to interpret/evaluate the politics of gender, sexual and other identity claims. In your answers, the more you can coherently and consistently draw from the course materials and make persuasive arguments using concepts and interpretations critically, the more you demonstrate that your level of mastery of the course materials. In addition to course content, your answers will also be assessed technically for effective organization and selection of information, authorial credibility (e.g. no spelling or grammatical errors), and presentation/communication of ideas.

Provide a clear, well-organized and well-communicated answer in standard essay style (including introduction, body and conclusion) and with appropriate references and citations to scholarship. You can use any citation style you like, as long as you are consistent and that you always specify page numbers. It is not necessary to engage anything other than the course materials (although you may choose to bring in other examples if you like but you will be assessed primarily on your demonstrated knowledge of the course materials).

**Deadline**: The take-home exam questions will be posted in the 'assignment' section of the course website on MARCH 19, 2019. Your exam is due no later than <u>APRIL 2</u> by electronic upload no later than 5pm. You must electronically submit your exam through the course website. No other method of submission will be accepted. This is not a collaborative assignment (you are not permitted to consult with anyone other than the course instructor) and Western University's Academic Dishonesty policy will apply throughout the take-home exam period. No hard copy is required at this time.

**Format:** All answers should be typed, 12 point font, 1 inch margins, double spaced; total answers should be minimum 5-7 pages not including notes and bibliography).

## APPENDIX TO UNDERGRADUATE COURSE OUTLINES DEPARTMENT OF POLITICAL SCIENCE

#### Prerequisite checking - the student's responsibility

"Unless you have either the requisites for this course or written special permission from your Dean to enroll in it, you may be removed from this course and it will be deleted from your record. This decision may not be appealed. You will receive no adjustment to your fees in the event that you are dropped from a course for failing to have the necessary prerequisites."

#### **Essay course requirements**

With the exception of 1000-level courses, most courses in the Department of Political Science are essay courses. Total written assignments (excluding examinations) will be at least 3,000 words in Politics 1020E, at least 5,000 words in a full course numbered 2000 or above, and at least 2,500 words in a half course numbered 2000 or above.

#### Use of Personal Response Systems ("Clickers")

"Personal Response Systems ("clickers") may be used in some classes. If clickers are to be used in a class, it is the responsibility of the student to ensure that the device is activated and functional. Students must see their instructor if they have any concerns about whether the clicker is malfunctioning.

Students must use only their own clicker. If clicker records are used to compute a portion of the course grade:

- the use of somebody else's clicker in class constitutes a scholastic offence,
- the possession of a clicker belonging to another student will be interpreted as an attempt to commit a scholastic offence."

# <u>Security and Confidentiality of Student Work</u> (refer to current *Western Academic Calendar* (http://www.westerncalendar.uwo.ca/)

"Submitting or Returning Student Assignments, Tests and Exams - All student assignments, tests and exams will be handled in a secure and confidential manner. Particularly in this respect, <u>leaving student work</u> unattended in public areas for pickup is not permitted."

#### **Duplication of work**

Undergraduate students who submit similar assignments on closely related topics in two different courses must obtain the consent of <u>both</u> instructors prior to the submission of the assignment. If prior approval is not obtained, each instructor reserves the right not to accept the assignment.

#### **Grade adjustments**

In order to ensure that comparable standards are applied in political science courses, the Department may require instructors to adjust final marks to conform to Departmental guidelines.

#### **Academic Offences**

"Scholastic offences are taken seriously and students are directed to read the appropriate policy, specifically, the definition of what constitutes a Scholastic Offence, at the following Web site:

http://www.uwo.ca/univsec/pdf/academic policies/appeals/scholastic discipline undergrad.pdf

#### **Submission of Course Requirements**

ESSAYS, ASSIGNMENTS, TAKE-HOME EXAMS <u>MUST</u> BE SUBMITTED ACCORDING TO PROCEDURES SPECIFIED BY YOUR INSTRUCTOR (I.E., IN CLASS, DURING OFFICE HOURS, TA'S OFFICE HOURS) OR UNDER THE INSTRUCTOR'S OFFICE DOOR.

#### THE MAIN OFFICE DOES NOT DATE-STAMP OR ACCEPT ANY OF THE ABOVE.

#### **Attendance Regulations for Examinations**

EXAMINATIONS/ATTENDANCE (Sen. Min. Feb.4/49, May 23/58, S.94, S.3538, S.3632, S.04-097) A student is entitled to be examined in courses in which registration is maintained, subject to the following limitations: 1) A student may be debarred from writing the final examination for failure to maintain satisfactory academic standing throughout the year. 2) Any student who, in the opinion of the instructor, is absent too frequently from class or laboratory periods in any course will be reported to the Dean of the Faculty offering the course (after due warning has been given). On the recommendation of the Department concerned, and with the permission of the Dean of that Faculty, the student will be debarred from taking the regular examination in the course. The Dean of the Faculty offering the course will communicate that decision to the Dean of the Faculty of registration.

#### Medical Policy, Late Assignments, etc.

Students registered in Social Science should refer to

http://counselling.ssc.uwo.ca/procedures/having problems/index.html
for information on Medical Policy,
Term Tests, Final Examinations, Late Assignments, Short Absences, Extended Absences, Documentation and
other Academic Concerns. Non-Social Science students should refer to their home faculty's academic counselling office.

## **University Policy on Cheating and Academic Misconduct**

<u>Plagiarism</u>: Students must write their essays and assignments in their own words. Whenever students take an idea, or a passage from another author, they must acknowledge their debt both by using quotation marks where appropriate and by proper referencing such as footnotes or citations. Plagiarism is a major academic offence." (see Scholastic Offence Policy in the Western Academic Calendar).

<u>Plagiarism Checking:</u> "All required papers may be subject to submission for textual similarity review to the commercial plagiarism detection software under license to the University for the detection of plagiarism. All papers submitted for such checking will be included as source documents in the reference database for the purpose of detecting plagiarism of papers subsequently submitted to the system. Use of the service is subject to the licensing agreement, currently between The University of Western Ontario and Turnitin.com ( <a href="http://www.turnitin.com">http://www.turnitin.com</a>)."

<u>Multiple-choice tests/exams</u>: "Computer-marked multiple-choice tests and/or exams may be subject to submission for similarity review by software that will check for unusual coincidences in answer patterns that may indicate cheating."

Note: Information excerpted and quoted above are Senate regulations from the Handbook of Scholarship and Academic Policy. <a href="http://www.uwo.ca/univsec/academic policies/index.html">http://www.uwo.ca/univsec/academic policies/index.html</a>

#### **PLAGIARISM\***

In writing scholarly papers, you must keep firmly in mind the need to avoid plagiarism. Plagiarism is the unacknowledged borrowing of another writer's words or ideas. Different forms of writing require different types of acknowledgement. The following rules pertain to the acknowledgements necessary in academic papers.

## A. In using another writer's words, you must both place the words in quotation marks and acknowledge that the words are those of another writer.

You are plagiarizing if you use a sequence of words, a sentence or a paragraph taken from other writers without acknowledging them to be theirs. Acknowledgement is indicated either by (1) mentioning the author and work from which the words are borrowed in the text of your paper; or by (2) placing a footnote number at the end of the quotation in your text, and including a correspondingly numbered footnote at the bottom of the page (or in a separate reference section at the end of your essay). This footnote should indicate author, title of the work, place and date of publication, and page number.

Method (2) given above is usually preferable for academic essays because it provides the reader with more information about your sources and leaves your text uncluttered with parenthetical and tangential references. In either case words taken from another author must be enclosed in quotation marks or set off from your text by single spacing and indentation in such a way that they cannot be mistaken for your own words. Note that you cannot avoid indicating quotation simply by changing a word or phrase in a sentence or paragraph which is not your own.

#### B. In adopting other writers' ideas, you must acknowledge that they are theirs.

You are plagiarizing if you adopt, summarize, or paraphrase other writers' trains of argument, ideas or sequences of ideas without acknowledging their authorship according to the method of acknowledgement given in 'A' above. Since the words are your own, they need not be enclosed in quotation marks. Be certain, however, that the words you use are entirely your own; where you must use words or phrases from your source, these should be enclosed in quotation marks, as in 'A' above.

Clearly, it is possible for you to formulate arguments or ideas independently of another writer who has expounded the same ideas, and whom you have not read. Where you got your ideas is the important consideration here. Do not be afraid to present an argument or idea without acknowledgement to another writer, if you have arrived at it entirely independently. Acknowledge it if you have derived it from a source outside your own thinking on the subject.

In short, use of acknowledgements and, when necessary, quotation marks is necessary to distinguish clearly between what is yours and what is not. Since the rules have been explained to you, if you fail to make this distinction your instructor very likely will do so for you, and they will be forced to regard your omission as intentional literary theft. Plagiarism is a serious offence which may result in a student's receiving an 'F' in a course or, in extreme cases in their suspension from the University.

\*Reprinted by permission of the Department of History
Adopted by the council of the Faculty of Social Science, October, 1970; approved by the Dept. of History
August 13, 1991

**Accessibility at Western:** Please contact <a href="mailto:poliscie@uwo.ca">poliscie@uwo.ca</a> if you require any information in plain text format, or if any other accommodation can make the course material and/or physical space accessible to you.

#### **SUPPORT SERVICES**

The Registrar's office can be accessed for Student Support Services at <a href="http://www.registrar.uwo.ca">http://www.registrar.uwo.ca</a>

Student Support Services (including the services provided by the USC listed here) can be reached at: <a href="http://westernusc.ca/services/">http://westernusc.ca/services/</a>

Student Development Services can be reached at: <a href="http://www.sdc.uwo.ca/">http://www.sdc.uwo.ca/</a>

Students who are in emotional/mental distress should refer to Mental Health@Western <a href="http://www.uwo.ca/uwocom/mentalhealth/">http://www.uwo.ca/uwocom/mentalhealth/</a> for a complete list of options about how to obtain help.